

Profile: Tina Soo



The job(s) that keeps me going...

I started my nursing career in National University hospital for ten years and embarked to a new learning journey as an educator in Ngee Ann Polytechnic (NP) for the past 14 years and going strong.

My nursing students kept me going as they provided me an opportunity to learn and grow together in this awesome learning journey.

Currently, I am a senior education specialist sharing my knowledge and skills with my nursing students and staff in NP.

What I enjoy is spending time to invest in my learning and be the best version of self through

- Promoting and adopting growth mindset
- Mentoring and coaching
- Building my mental wellness and resilience

If I have time, I would spend some/more of it in...

- *Exercising and eating Mala and spicy food*
- *Volunteering*
- *Singing, reading and listening to podcast*