

The job(s) that keeps me going...

As a Director of Nursing at a Community Hospital, mentor and coach to young aspiring and driven colleagues to develop them to their fullest potential and aspirations

What I enjoy cracking my head over and learning in nursing...

Ensuring patient safety, coaching colleagues and witnessing their professional growth, personal development and maturity. Enjoys 'Sherlock Holmes' type of work, investigating, finding root causes and recommending solutions that will work. Research is another area of work that I enjoy as finding novel knowledge excites and fires me up...In short, I enjoy work that is diverse which stimulates introspection, reflection and deep thinking

If I have time, I would spend some/more of it in...

- Watching thrillers/movies
- Listening to gospel songs and music
- Enjoying fooling around with my three grand nieces and nephews
- Reading